

JONES INSTITUTE EUROPE

STRAIN COUNTERSTRAIN

SCS I - Spine Course



Location

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Course Dates

XXXX 2011

Fri XX - Sat XX - Sun XX

09:00 - 17:30 FRI
09:00 - 17:30 SAT
09:00 - 17:30 SUN

Jones Institute Europe

Via Luigi Chiala 40/D

10127 Torino - Italy

Tel: +39-011/043.75.61

Fax: +39-011/070.50.63

www.jonesinstitute.eu

info@jiscs.eu

Jones Institute

7937 Corte Domingo

Carlsbad, CA 92009

Tel: +1-(760) 942.06.47

Fax: +1-(760) 942.06.45

www.jonesinstitute.com

info@jiscs.com

Strain Counterstrain I (SCS I) it's an entry level, no prerequisite are required. This course focuses on spinal dysfunction.

Open to Medical Doctors, Physiotherapist and Osteopaths.

Lecture and extensive lab time are spent on:

- Review of neurophysiology
- Neurologic basis for somatic dysfunction
- Rationale for SCS
- General rules for SCS
- Cervical evaluation and treatment lab
- Thoracic and Ribs evaluation and treatment lab
- Lumbar evaluation and treatment lab
- Pelvis and sacrum evaluation and treatment lab
- Design a home program using SCS philosophy

More than 85 different techniques will be demonstrated

Emphasis is placed on developing palpatory skills to enhance the students' effectiveness with the techniques.

Will be explained how to evaluate all the major postural dysfunction of the rachis and treat the specific area so to release pain and achieve the lost mobility. Will be explained the connection among the various spine area and the relation with the extremities.

as well as ortho and parasympathetic relation among common pain syndromes. Will be taught how to evaluate and treat several ribs dysfunctions.

Upon completion of this course participants will be able to:

- Understand the neuromuscular basis for SCS
- Perform a full body SCS evaluation
- Perform SCS treatment techniques for common joint dysfunction
- Use the SCS documentation format
- Design a home program using the SCS philosophy

The main dysfunction treated with this course are:

Arnou syndrome, Temporal ache, Neck vertigo, neck stiffness, Neck pain from erroneous vertebrae position, whip-lash pain, Brachialgia, Thoracic outlet syndrome, Elevated and Depressed rib dysfunctions, Sternum pain, Dyspnea, Pericardial pain, Pirosis, Dyspepsia, Nausea, Diarrhea, Constipation, Urinary problems, Cystitis, Diffuse rachis pain, Localized rachis pain, Sciatic neuralgia, Fascial pain syndrome, Anterior & Posterior sacro-ilaic dysfunctions, Unequal leg length, More than ten Sacro-coccyx dysfunction, Perineum pain, And many other complains.

Tutors:

ERIK E. GANDINO, DO, JSCCI

Doctor of Osteopathy, Dr. Gandino is the director of the Jones Institute Europe and has taught Strain Counterstrain throughout several European countries in the past 5 years. He's the only European certified in Strain Counterstrain and to have attended the whole course of study at the Jones Institute in US.